

For Immediate Release

Marquis Who's Who Honors Robert N. Koppen, MD, for Advancements in Holistic Medicine

Robert N. Koppen is a distinguished expert in spiritual healing and a dedicated patient advocate

SCOTTSDALE, AZ, December 3, 2024, Robert N. Koppen, MD, has been included in Marquis Who's Who. As in all Marquis Who's Who biographical volumes, individuals profiled are selected on the basis of current reference value. Factors such as position, noteworthy accomplishments, visibility, and prominence in a field are all taken into account during the selection process.



Dr. Koppen is a distinguished holistic physician. Since 1989, he has owned a spiritual healing practice, where he addresses the mental and emotional issues of a diverse patient community. His work emphasizes the significant impact that mental and other non-physical factors can have on physical health, a concept for which Dr. Koppen passionately advocates, and his broad expertise in spiritual healing is widely recognized.

The frequently underestimated bond between mind and body is central to Dr. Koppen's practice, and he counts his advancements in this arena as his most significant career accomplishment thus far. Through the promotion of a heightened recognition of how non-physical causes can lead to physical discomfort or illness, Dr. Koppen partners with individuals to enhance their overall well-being.

Dr. Koppen's journey into alternative medicine began after he completed a medical doctor degree at the University of Amsterdam in 1969. By 1974, he had completed his training in ENT surgery; however, his experiences led him to question the limitations of traditional medical practices. This introspection prompted a pursuit of additional spiritual learning and ultimately led to a transformative shift towards energy medicine. This defined approach allows Dr. Koppen to offer a more comprehensive perspective on health and wellness by addressing non-physical energetic influences.

In addition to his medical practice, Dr. Koppen is an accomplished author. In 1995, he published "Stepping Stones to Personal Healing" and he subsequently released a second edition through Balboa Press in 2017. His writings have been featured in regional newspapers, helping to disseminate his ideas and further establish his presence in the field of holistic health.

Dr. Koppen enjoys a fulfilling life centered around career and family - in which there is the special feature that both his son and his granddaughter have chosen medical careers in which they can apply principles of mind-body medicine that they have been exposed to through him; and about which he intends to write at least one more book.

About Marquis Who's Who®:

Since 1899, when A. N. Marquis printed the First Edition of Who's Who in America®, Marquis Who's Who® has chronicled the lives of the most accomplished individuals and innovators from every significant field of endeavor, including politics, business, medicine, law, education, art, religion and entertainment. Who's Who in America® remains an essential biographical source for thousands of researchers, journalists, librarians and executive search firms around the world. The suite of Marquis® publications can be viewed at the official Marquis Who's Who® website, www.marquiswhoswho.com.